# Western Region Woodland Little League



"Where Safety comes First" 2023 Safety Plan

League ID #: 4056408

## Woodland Little League Safety Program

## **Safety Mission Statement**

Woodland Little League is a non-profit organization run by volunteers whose mission is to provide an opportunity for our community's children to learn the game of baseball in a safe and friendly environment.

## 2023 Board of Directors

### **Requirement 1:**

<b>Title</b>	Name	E-Mail	Phone Number
President	Brian Dwyer	bj_dwyer@hotmail.co	<u>m</u> 5305593055
Vice President	Anthony Salvemini phi	lmajor98@aol.com	5308489631
Secretary	Heidi Van Atta	hvanatta368@yahoo.co	om 5302193621
Treasurer	Jamie Harrison	jamieh1107@yahoo.co	<u>om</u> 9163351278
Safety Officer	Matt Reed <u>mat</u>	treedpt@gmail.com	5306502955
D of Operations	Tandy Burton	nursetandy@gmail.com	5303632746
D of Field Mainte	enance Dustin Greene	dustingreene@rocketmail.	<u>com</u>
Umpire in Chief	Chris Looney	looney058@yahoo.com	5302376548
Coaches Coordin	ator Thad Johnson	thadeus_johnson@yahoo.c	<u>com</u> 7073217036
Player Agent			
Communications	Ashleigh Jansen	ashleigh.jansen4@gmail.c	<u>om</u> 5309083641
Director of Equip	oment Alan Smith	alan.lupita@gmail.com	9168477877
Player Agent	Jeff Oliver	oli.jeff54@yahoo.com	5307233254
Player Agent	Matt van Peursem	mattvanp@gmail.com	8055592721
Player Agent	Richard Standiford	rstandiford@icloud.com	9167081670
Player Agent	Craig Marquez	craig.marquez@wjusd.org	5309083853
Challenger Divis	sion Director Terri Price		5303045299

## **Distribution of Safety Manual**

## **Requirement 2:**

Each team will receive a paper copy of this safety manual. Managers and or Team Safety Officers should have a copy of the safety manual at all league functions.

## **EMERGENCY PHONE NUMBERS**

## **Requirement 3:**

Police Emergencies 911
Non-threat Emergency 311
Fire 911

Non-Emergency 530-661-7800

Ambulance Dispatch 911

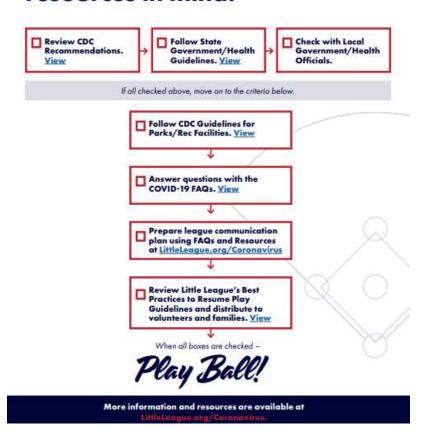
Yolo County Health District 530-666-8645 Animal Control 530-668-5287

Park Marshal

## **NEIGHBORING HOSPITALS**

Woodland Dignity Hospital 1321 Cottonwood St, Woodland CA 95695 530-668-2600

## As your local league considers returning to play, keep these resources in mind:



## STAY SAFE ON AND OFF THE FIELD



Stay home if you are sick.



Bring your own equipment and gear (if possible)



**Cover your coughs** and sneezes with a tissue or your elbow.



Wash your hands or use sanitizer before and after events and sharing equipment.



Tell a coach or staff member if you don't feel well.





cdc.gov/coronavirus

## **Background Checks**

## **Requirement 4:**

Little League International has established criteria for each chartered league's performance of an investigation into the background of all individuals who volunteer in any capacity. Each volunteer will be required to complete a volunteer application from and provide a copy of their government issued photo identification. The minimum requirement for these background investigations is verification that volunteers are not registered sex offenders. To provide additional protection to the children we will submit a list of all volunteers to JDP. A background investigation that will list any convictions nationwide will be completed. Upon clearance of individual background investigations all volunteers will be notified by The Board of Directors.



## Little League® "Basic" Volunteer Application - 2023 Do not use forms from past years. Use extra paper to complete if additional space is required.



This valunteer application can be used <u>as a reference</u> for leagues utilizing the JDP Quick App or for leagues that are using an outside background check provider that meets the standards of Little League Regulation 1(c)9. Visit <u>Little League.org/local&Gcheck</u> for more information.

Name				
First	Middle Name or I	mini	Load	
Address				
City	State		Zip	
Home Phone:	Cell Phone			_
Work Phone:	E-mail Addres	51		
Driver's License#:				
1. Have you ever been charged	d with, convicted of, plead no contest	or guilty to any crim	e(s) involving	or again
a minor, or of a sexual nature	\$ P			
If yes, describe each in fo	ult:		Yes	□ No
(If volunteer answered ye	es to Question 1, the local league must	contact the Little Leag	que Security A	(anager.)
2 Mana yang ang baga ang ita	ad ad an administration and the ta-	mar malamada 12	□ v <sub>ee</sub>	П №
2. Have you ever been convicted of or plead no contest or guilty to any crime(s)?  Yes  If yes, describe each in full:				
(Answering yes to Questi	ion 2, does not automatically disqualif	y you as a volunteer.)	8	
3. Do you have any criminal char	rges pending against you regarding an	v crime(s)?	☐ Yes	П №
If was describe each in h	olle			
(Answering yes to Questi	ion 3, does not automatically disqualif	y you as a volunteer.)		
4. Have you ever been refused p	participation in any other youth progra	ams and/or listed on	any youth org	anization
inetigible list?			☐ Yes	☐ No
If yes, explain:				
nt t	es to Question 4, the local league must	t contact the Little Leap	gue Security A	Agnagger !
(It volunteer answered ye	AND THE PERSON NAMED AND ADDRESS OF THE PERSON OF THE PERS			
	uld you like to participate? (Check o	one or more.)		
	uld you like to participate? (Check o	one or more.)	Stand	
5. In which of the following wa				

Special Certifications (CPR, Medical, etc.):	
Special Affiliations (Clubs, Services Organizations, etc.) :	
Previous volunteer experience (including baseball/softball and ye	oors (s)):
IF YOU LIVE IN A STATE THAT REQUIRES A SEPARATE BACKGROUND CHEC BACKGROUND CHECK. FOR MORE INFORMATION ON STATE LAWS,	
AS A CONTINON OF VOLUNTEERING, I give permission for the little is me now and as long as I continue to be active with the organization, which of which contain name only ascardes which may result in a report being as criminal history searches! which may result in a report being as criminal history searches! A resident of history position is con information on my background! I hearby release and agree to hald havin Basbald, Incorporate, the officers, employees and volunteers thereof, or a information. I class understand history are to the appointeer of my term, it position. I deposition of my term, it by the Board of Directors for violation of little tangue politics or principles.	may include a review of as coffender registries (son mentand that may or may not be may, child obuse a national upon the league receiving no inappropria less from liability the local lifter league, lifter (seg- ny other person or organization that may provide sur le league is not obligated to appoint me to a volunte am subject to suspension by the President and remov
Applicant Name (please print or type)  Applicant Signature	
If Minor/Parent Signature	Date
NOTE: The local Little League and Little League Baseball, Incorporated will race, creed, color, notional origin, monthal status, gender, sessual orientation LOCAL LEAGUE US	or disability.
Background check completed by league officer	on
System(s) used for background check (minimum of one must Review the Little League Regulation 1(c)(9) for all backgro	
☐ JDP (Includes review of the U.S. Center of SafeSport's	AND DESCRIPTION OF THE PROPERTY OF THE PROPERT
League International Ineligible List)*	
□ National Criminal Database check □ U.S. Cer	nter of SafeSport's Centralized Discplinary se and Little League International Ineligible Lis

Only attach to this application copies of background check reports that reveal convictions of this application.

Sert Updatest: 10/11/2021



#### VOLUNTEER BACKGROUND CHECKS & SAFETY

#### Volunteer Background Checks & Safety

little Leagues Baseball and Solfball has always stived to create a safe and healthy environment for all Little Leaguers and their lamilies.

In 2018, the "Protecting Young Victims from Sexual Abuse and SafeSport Authorization Act of 2017" became Federal law. The mission of the U.S. Center for Salesport is to make the athlete well-being the centerpiece of our nation's sports culture. All athletes deserve to participate in sports free from bullying hazing, sexual misconduct, or any form of emotional or physical abuse. Education and awareness are the most critical components to creating safe and respectful sporting environments, free of abuse and harasoment. There are certain requirements from the SaleSport Act that Little League International and all local little league programs t adhere to. To learn about SaleSport and how it impacts your league, visit LittleLeague.org/SafeSport.

As a condition of service to any Little League program, the following groups of individuals must submit a Little League Volunteer Application and complete on annual background screening prior to involvement in the league in any fashion:

- Board Members
- Managers and Cooches
- Umpires

Address:

· Any other valunteer or hired worker who provide regular service to the league and/or have repetitive occess to, or contact with, players or teams

Any individual with a conviction, guilty plea, no contest plea, or admission of guilty to a crime against or involving a minor may not participate in the Little League program.

On average, leagues can estimate the number of background checks that should be completed by multiplying the total number of teams in the league by six, To assist leagues in completing this requirement, Little League provides 125 free searches frough an agreement with LD. Palantine UDPL Additional searches are available for a nominal cost.

Learn More About Background Checks

LittleLeague.org/BackgroundCheckQuestions

Little League International has contracted with JDP Background Screening to provide local leagues and districts with a special web ste that allows members to instantly search a criminal records database of more than 450 million criminal records. This site provides searches of available criminal records from various repastory sources and statelevel sex offender registries. The fee for the first 125 searches per chartered league and district is free to the local league and district as the cost for these searches is being provided by Little League International. Any additional searches above 125 will cost the league or district a minimal fee.



Little League International requires all leagues in the United States to conduct background checks that utilize JDP Background Screening, or another provider that is comparable to JDP in accessing background check records for sex offender registry data and criminal records leagues must include a review of the U.S. Center for SaleSport's Centralized Disciplinary Database and Little League International Ineligible List as part of the background check process (IDP includes this additional review as a part of the standard background check. The JDP National Criminal file database that contains more than 450 million records, including criminal and sex offender registry records covering 50 states and the District of Columbia, and meets the current regulation requirement. Leagues are not required to use the JDP website, but may also use alternate resources. However the alternate resources must equal or exceed the services provided by JDF

SLLU For More Information on JDP and Background Check Process:

LittleLeague.org/LocalBGCheck

## **League Training Dates and Times**

Requirement 5:DateLocationTimeCoach Fundamental Training:Feb 7-8thCatalyst Church6PM

Requirement 6: Date Location Time Safety Manual & First-Aid Training: Feb 7-8th Catalyst Church 6PM

**Requirement 2:** Each team will receive a paper copy of this safety manual. Managers and or Team Safety Officers should have a copy of the safety manual at all league functions.

## **Field Inspections and Storage Procedures**

### **Requirement 7:**

#### BERORE THE SEASON STARTS

- ✓ Familiarize yourself with the safety materials.
- ✓ Appoint a Safety Parent for your team. They need to be at all the games and have a cellular phone. It can be an Assistant Coach.

#### PRIOR TO EACH GAME

- ✓ Complete a field safety checklist. Report any problems to your commissioner. Or to the League Safety Officer.
- ✓ Check the team equipment for any problems. Report any equipment problems to the Equipment Manager.
- ✓ Check the contents in your team's first aid kit. Contact the League Safety Officer for any items that need to be replaced.

#### STORAGE SHED

The following applies to the entire storage shed used by the League and applies to anyone who has been issued a key to use those sheds.

- ✓ All individuals are aware of their responsibility for the orderly and safe storage of rakes, shovels, and bases.
- ✓ Before you use any equipment located in the shed (lights, scoreboards, etc.) please read the written operating procedures for that equipment.
- ✓ All chemicals or organic materials stored in the sheds shall be properly marked and labeled as to its contents.
- ✓ Any witnessed "loose" chemicals or organic materials within these sheds should be cleaned up and disposed of as soon as possible to prevent accidental poisoning.

## PRE-GAME FIELD INSPECTION CHECK LIST

## **MANAGERS NAME:**

**FIELD:** 

**DATE:** Time:

Field Condition	Yes	No	Catchers Equipment	Yes	No
Backstop Intact			Hockey Catchers Helmet		
Home Plate Intact			Dangling Throat Guard		
Bases Secure			Helmets		
Pitcher's Mound Safe	Catcher's Mitt				
Batter Box Lined/Level			Chest Protector		
Infield Fence Repair			Shin guards		
Outfield Fence Repair			Dugouts	Yes	No
Foul Lines Marked			Fencing Needs Repair		
Infield Need Repairs			Bench Needs Repair		
Outfield Need Repairs			Trash Cans		
Warning Track			Clean Up Is Needed		
Coaches' boxes Lined					
Free Of Foreign Objects			Spectator Area	Yes	No
Grass Surface Even			Bleachers Need Repair		
			Protective Screens Ok		
Player Equipment	Yes	No	Bleachers Clean		
Batting Helmets			Parking Area Safe		
Jewelry Removed			Safety Equipment		No
Shoes/Bats Inspected			First-aid Kit Each Team		
Face Mask (Minor/Mjrs)			Medical Release Forms		
Proper Cleats			Ice Pack/Ice		
Athletic Cups (boys)			Safety Manual		
Full Uniform			Injury Report Forms		
Bats Meet Standards			Drinking Water		

REPORT ANY PROBLEMS TO YOUR COMMISSINER OR SAFETY OFFICER. Turn this form into the concession stand or to your division Rep.

### **Requirement 8:**

Annual Little League Facility Survey will be submitted in the Data Center.

## **Concession Stand Guidelines**

#### **Requirement 9:**

Every worker must be instructed on these guidelines before they can work.

#### Wash your hands regularly:

- Use soap and warm water.
- Rub your hands vigorously as you wash them.
- Wash all surfaces including the backs of hands wrists, between fingers and under fingernails.
- Rinse hands well.
- Dry hands well.
- Dry hands with paper towels.
- Turn off water using paper towel, instead of your bare hands.

## Wash your hands in this fashion before you begin work and especially after performing any of these activities:

- After touching bare human body parts other than clean hands and clean exposed portions of arms.
- After using restrooms.
- After caring for or handling animals.
- After coughing, sneezing, using a handkerchief or disposable tissue.
- After touching soiled surfaces.
- After drinking, using tobacco, or eating.
- During food preparation.
- When switching from raw to ready to eat foods.
- After engaging in activities that contaminate hands.

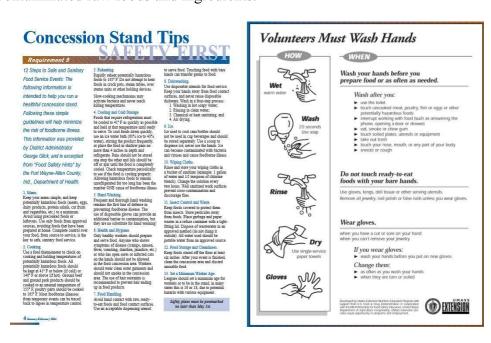
#### **Basic Rules:**

- 1. Menu... smaller is better. No salads cut up fruit or vegetables, no food prepared at home.
- 2. Cook food thoroughly. Use a meat thermometer. Keep hotdogs and burgers at 41 degrees when cold and cook to 155 degrees or above when hot.
- 3. Rapidly reheat foods to 165 degrees. Slow cooking devices may activate bacteria and never reach killing temperatures.
- 4. All foods that require refrigeration must be cooled to 41 degrees F. as quickly as possible and held there until ready to use. To cool foods quickly, use the ice water bath (60% ice and 40% water), stirring the product frequently, or place their food in shallow pans no more than 4 inches in depth and refrigerate. Pans should not be stored one a top of the other and lids should be off or afar until the food is completely cooled. Check the temperature periodically to see if the food is cooling properly. DO NOT LEAVE FOOD OUT AT ALL!!

- 5. FREQUENT AND THOROUGH HANDWASHING IS REQUIRED.
- 6. Only healthy people should prepare and serve food. Anyone with any symptoms of disease (cramps, nausea, fever, vomiting, diarrhea, cough etc.) or who has open sores or infected cuts on the hands should not be allowed in the food concession area. Workers' clothes should be clean, and they should not smoke in the concession area. Hair restraints are recommended.
- 7. Food handling: Avoid hand contact with raw food, ready-to-eat foods, and food contact surfaces. Use a utensil and/or glove.
- 8. Use disposable utensils for food service. Keep your hands away from food contact surfaces and never reuse disposable dishware. Ideally utensils should be washed in a four-step method: (1) Hot soapy water, (2) Rinsing in clean water, (3) Chemical or heat sanitizing, (4) Air drying.
- 9. Ice that is used to cool cans/bottles should not be used in cup beverages. And should be stored separately. Use scoop to dispense ice, never use hands.
- 10. Wiping cloths should be rinsed and stored in a bucket sanitizer. (1-gallon water and ½ tsp. chlorine bleach. Change the solution every 2 hours.
- 11. Insect control and waste. Keep foods covered to protect from insects. Store pesticides away from food. Place garbage and paper waste in a refuse container with a lid that fits tightly. Dispose of all water in the restrooms, do not pour outside. All water that is used should be potable from and approved source.
- 12. Keep food stored off the floor at least 6 inches. After your event is finished, clean the concession area and discard any unusable food. Do not save food for reheating.

#### THE TOP SIX CAUSES FOR ILLNESS

- 1. Inadequate cooling and cold holding.
- 2. Preparing food too far in advance of service.
- 3. Poor personal hygiene and infected personnel.
- 4. Inadequate reheating.
- 5. Inadequate hot holding.
- 6. Contaminated raw foods and ingredients.



## **Inspection of Equipment**

#### **Requirement 10:**

- This Little League requires regular inspection of playing equipment.
- Unsafe equipment should not be given in team equipment bags.
- Manager's Coaches and Umpires are required to inspect equipment prior to each use.
- Bad equipment will be logged and will be removed and destroyed.

## **Accident Reporting Procedure**

### **Requirement 11:**

**What to Report:** An incident that causes a Payer, Manager, Coach or Umpire to receive medical treatment or first aid must be reported to The Safety Officer.

When to Report: All such incidents described above must be reported to The Safety Officer within 24 to 48 hours of the incident.

The Safety Officer is NAME: Matthew Reed

Cell Number: 530-650-2955

Home Number:

Email: mattreedpt@gmail.com

**How to Make a Report:** Reporting incidents can come in a variety of forms. Most typically they are telephone conversations. At a minimum, the following information is needed.

- 1. The name and address of the injured person.
- 2. The date, time, and location of the incident.
- 3. As detailed of a description of the incident as possible.
- 4. The preliminary estimation of the extent of the injury.
- 5. The name and phone number of the person making the report.
- 6. Names and phone number of any witnesses.

In your safety packet you will find the injury report forms. If your Safety Parent is there, he/she can assist you in getting the front of the form filled out. Then a call is to be made to The Safety Officer reporting the incident within 48 hours. Little League insurance is a supplemental insurance to the insured's own insurance. There is a small deductible.

**How to Replace the Injury Report Forms:** The forms can be replaced by The Safety Officer or downloaded from <a href="https://www.leagueleague.org">www.leagueleague.org</a> found under forms and publications.

## FIRST AID KITS

## **Requirement 12:**

Each team is provided with a league issued first aid kit. Each kit includes the following.

- (10) Adhesive sterile bandage
- (2) Extra-large adhesive sterile bandage
- (2) Non-adherent pads 2 x 3
- (2) Gauze pad 12-ply 3 x 3 sterile
- (1) Adhesive tape
- (2) Instant cold compress 4 x 4
- (3) Triple antibiotic ointment
- (3) Antiseptic towelette
- 1/8 oz. Burn Cream
- (3) Sting relief wipes
- (1) Tweezers

## **Communicable Disease Procedures**

- 1. Bleeding must be stopped, the open wound covered, and the uniform changed if there is blood on it before the athlete may continue.
- 2. Routinely use gloves to prevent mucous membrane exposure when contact with blood or other body fluids is anticipated (Provided in the first aid kit).
- 3. Immediately wash hands and other skin surfaces if contaminated with blood.
- 4. Clan all blood contaminated surfaces and equipment.
- 5. Managers, Coaches, and Volunteers with open wounds should refrain from all direct contact until the condition is resolved.
- 6. Follow accepted guidelines in the immediate control of bleeding and disposal when handling bloody dressings, mouth guards and other articles containing body fluids.

## **Enforcement of Little League Rules**

## **Requirement 13:**

- All volunteers must have a volunteer application filled out and on file with the Little League. Our league will provide annual background checks.
- No laminated bat shall be used... (rule 1.10)
- The traditional batting donut is not permissible... (rule 1.10)
- A pitcher shall not wear any items on his/her hands, wrists or arms which may be distraction to the batter. White long sleeve shirts are not permitted... (rule 1.11)
- Pitcher shall not wear sweat bands on his/her wrists... (rule 1.15)
- Players must not wear jewelry... (rule 1.11)
- Catcher must wear a catcher's mitt... (rule 1.12)
- All batters must wear protective batting helmets, all helmets must bear the NOCAE stamp, No painting, or stickers on helmets... (rule 1.16)

- All male players must wear athletic supporters. Male catchers must wear the metal, fiber, or plastic type protective cup.
- Catching helmet must have the dangling type throat protector and catcher's helmet during infield/outfield practice, pitcher warm-up and games.
- Skull caps are not permitted... (rule 1.17)
- Each team is allowed three coaches in the dugout...
- Mangers or coaches may not warm up a pitcher at home plate or in the bull pen or elsewhere at any time... (rule 3.09)
- Coaches are encouraged to discourage "horseplay"
- No on deck batters are allowed in the Majors and below... (rule 1.08)



#### Consider the ionowing facts:

- The average lightning stroke is 6-8 miles long.
- The average thunderstorm is 6-10 miles wide and travels about 25 miles an hour.
- On the average, thunder can only be heard over 3-4 miles, depending on humidity, terrain, and other factors. This means that by the time you hear the thunder, you are already in the risk area for lighting strikes.

**Rule of Thumb:** The ultimate truth about lighting is that it is unpredictable and cannot be prevented. Therefore, a manager or coach who feels threatened should contact the head umpire and recommend stopping play and clearing the field. In our league the umpire makes the decision as to whether play is stopped. Once play is stopped, take the kids to safety until play resumes or game is called.

Where to Go? No place is safe from lightning threat, but some places are safer than others. Constructed buildings are usually the safest. Most people will find shelter in a fully enclosed metal vehicle with the windows rolled up. If you are stranded in an open area, put your feet together, crouch down and put your hands over your ears to prevent eardrum damage.

Where not to go? Avoid high places and open fields, isolated trees, unprotected gazebos, rain or picnic shelters, dugouts, flagpoles, light poles, bleachers, metal fences and water.

#### First Aid for a Lightning Victim:

- Call 911 immediately.
- Typically, the lightning victim has similar symptoms as that of someone having a heart attack. Consider: will moving cause anymore injury. If the victim is in a high-risk area, determine if movement is necessary. Lightning does strike twice in the same place. If you are not at risk, and moving is a viable option, you should move the victim.
- If the victim is not breathing, start mouth to mouth resuscitation. If it is decided to move the victim, give a few quick breaths prior to moving the victim.
- Determine if the victim has a pulse. If no pulse is detected, start cardiac compressions as well.

NOTE: CPR should only be administered by a person knowledgeable and trained in the technique.

Remember: Safety is everyone's job. Prevention is the key to reducing accidents to a minimum. Report all hazardous conditions to the Safety Officer or another Board Member immediately. Do not play on an unsafe field or with unsafe equipment. Check the teams' equipment prior to each use.

## Hydration

Managers are required to bring water to each practice and game. Players are encouraged to bring bottled water or sports drinks.

#### **Tips to Prevent Heat Illness:**

- Know that once you are thirsty you are already dehydrated.
- Drink before you become thirsty.
- Drink plenty of liquids like water, or sports drinks every 15 minutes.
- Water seems to be the preferred beverage. Water has many critical functions in the body that are important for performance they include, carrying oxygen and nutrients to exercising muscles.
- Do not drink beverages with caffeine before practice or games. Caffeine can increase the rate of dehydration.
- Do not exercise vigorously during the hottest time of the day.
- Practice in the morning and during the latter part of the evening.
- Wear light color loose cloths.
- Use sunscreen to prevent sunburn.

• If you begin to feel faint or dizzy stop your activity and cool off by sitting in the shade, air-conditioned car or use a wet rag to cool you off.

#### How is it treated?

Emergency medical treatment is necessary. If you think someone has heatstroke, call 911 or a doctor immediately. In the meantime, give first aid as follows:

- Move the person to a shady area.
- Cover the person with a wet sheet and keep the sheet wet for cooling from evaporation.
- Fan the person with paper or an electric fan (preferably not cold air).
- Sponge down the body, especially the head, with cool water.
- Continue giving first aid until the body feels cool to the touch.
- If the person is conscious, let them sip water, fruit juice, or a soft drink.



**Submitti** 

nd Coach Data

## **Requirement 14:**

Player, Manager, and Coach information will be submitted through the Little League Data Center at <a href="https://www.littleleague.org">www.littleleague.org</a> by April 1, 2023, or two weeks following the draft.

### **Requirement 15:**

We will answer the survey questions in the Little League Data Center.

## **Concussions**

## Please update this section to reflect your state laws and or league policies

All 50 states have laws specific to the management of concussions and head injuries. Some states require not just leagues but DA's, ADA's, and umpires to undergo annual training.

- Some states may affect only school-based activities, but many also address any group using school facilities or grounds for athletic purposes.
- Little League has developed a concussion overview page for each state that will be similar to the Child Abuse page.
- The CDC (Centers for Disease Control and Prevention) website is a great tool for leagues to encourage their managers/coaches, parents, and players to review concussion information www.cdc.gov/concussion/HeadsUp/youth.html Concussions
- DA's must also be aware of their state's respective laws, especially during any Special Games events or International Tournament games being hosted by the District.
- Failure to adhere to these laws could expose the District and/or host to unwanted liability and penalties Some states require that the participant and a parent/guardian must sign and acknowledge that they understand the risks of concussions before they can participate
- The majority of states also require immediate removal from competition if a person has sustained a concussion and that they cannot return until being released in writing by a medical professional.



# YOUK Little League Concussion Prevention, Treatment and Management Policy

The Legislature enacted a law which requires youth sports organizations to adopt a policy concerning the prevention and treatment of injuries to the head which may occur during a youth's participation in competitive sports, including, without limitation, a concussion of the brain.

A concussion is a brain injury that results from a bump, blow or jolt to the head or body which causes the brain to move rapidly in the skull and which disrupts normal brain function. The Centers for Disease Control and Prevention of the United States Department of Health and Human Services estimates that as many as 3.8 million concussions occur each year in the United States which are related to participation in sports and other recreational activities. Athletes who continue to participate in an athletic activity while

suffering from a concussion or suffering from the symptoms of an injury to the head are at greater risk for catastrophic injury to the brain or even death. Ensuring that a Little League player who sustains or is suspected of sustaining a concussion or other injury to the head receives appropriate medical care before returning to baseball activity will significantly reduce the child's risk of sustaining greater injury in the future

THEREFORE, **YOUR Little League** hereby adopts the following policy for purposes of prevention, treatment, and management of injuries to the head that may occur during a player's participation in the Little League program, including, without limitation, a concussion of the brain:

- 1. Prior to a team's first practice each season, every manager, coach, and adult assistant shall:
- a) Familiarize themselves with the CDC publication "Heads Up Concussion in Youth Sports A Fact Sheet for Coaches". This publication will be provided to all such individuals by the League Safety Officer or other Board members; and,
- **b)** Complete the CDC on-line training course at: https://www.train.org/cdctrain/course/1089818/

A copy of the Certificate of Completion for each of the above individuals shall be submitted to the League Safety Officer.

- **2.** If a Little League player sustains, or is suspected of sustaining, an injury to the head while participating in any Little League game or even the player must:
- a. Be immediately removed from the game or event; and
- **b.** May only return to Little League activity if the parent or legal guardian of the player provides a signed statement from a provider of health care indicating that the youth is medically cleared for Little League participation and the date on which the player may return to participation.
- **3.** The Little League player and his or her parent or legal guardian must sign the statement below acknowledging that they have read and understand the terms and conditions of the policy and agree to be bound by the policy.

# YOUR Little League Concussion Prevention, Management and Treatment Policy Player and Parental Acknowledgement

We, the undersigned, acknowledge that we have been provided with a copy of the YOUR Little League Concussion Prevention, Management and Treatment Policy, and that we have read and understand the policy, or it has been read to us and we understand the same. We hereby agree to follow all procedures set forth in said Policy at all times during which our son or daughter participates in Little League activities and events.

Dated:		
	Player	
Dated:		
	Parent/Legal Guardian	Parent/Legal Guardian
LEAGUE USE: Division:	Теат:	
	Safe Sports Act	_

- "Protecting Young Victims from Sexual Abuse and SafeSport Authorization Act of 2017" became federal law in 2018
- The goal of SafeSport is to protect children from abusive situations by engaging more people in the reporting and education processes
- A volunteer now can be held legally responsible if they have firsthand knowledge and fail to report any type of Child Abuse to the correct parties
- SafeSport covers all types of Child Abuse both physical and psychological

SafeSport prompted USA Baseball to create Pure Baseball

## **USA Baseball Pure Baseball Initiative**

- Little League International and all local little league programs must adhere to the following requirements from the SafeSport Act:
- Reporting of Abuse involving a minor to the proper authorities
- All volunteers of a local league are now mandated reporters and could face criminal charges if the league chooses to ignore, or not report to the proper authorities, any witnessed act of child abuse, including sexual abuse, within 24 hours.
- Local leagues must be aware of the proper procedures to report any type of abuse in their state. Please reference www.LittleLeague.org/ChildAbuse
- Leagues must adopt a policy that prohibits retaliation for "good faith" reports of child abuse.
- Leagues must adopt a policy that limits one-one-one contact with minors.
- Leagues are highly encouraged to complete the Abuse Awareness training provided by USA Baseball and/or SafeSport.

https://www.littleleague.org/player-safety/child-protection-program/safesport-resources-parents/

https://www.usabdevelops.com/ItemDetail?iProductCode=OCAAA&Category=ONLINE&WebsiteKey=f50aacb2-a59e-4e43-8f67-29f48a308a9e





## Accident Notification Form Page 1 (Parent/Guardian Statement)

# ACCIDENT NOTIFICATION FORM

Accident & Health (U.S.)

Sent Completed Form To: Little League, International 539 US Route 15 Hwy PO Box 3485 Williamsport PA 17701-0485 Accident Claim Contact Numbers: Phone: 570-327-1674

- This form must be completed by parents (if claimant is under 19 years of age) and a league official and forwarded to Little League
  Headquarters within 20 days after the accident. A photocopy of this form should be made and kept by the claimant/parent. Initial medical/
  dental heatment must be remained within 30 days of the Little League accident.
- Nemized tritle including description of service, date of service, procedure and diagnosis codes for medical services/supplies and/or other documentation related to claim for benefits are to be provided within 90 days after the accident date. In no event shall such proof be furnished later than 12 months from the date the medical expense was incurred.
- When other insurance is present, parents or claiment must forward copies of the Explanation of Berrefts or Notice/Letter of Denial for each charge directly to Little League Headquarters, even if the charges do not exceed the deductible of the primary insurance program.
- Policy provides benefits for eligible medical expenses incurred within 52 weeks of the accident, subject to Excess Coverage and Exclusion provisions of the plan.
- Limited deferred medical center benefits may be available for recessary treatment incurred after 52 weeks. Refer to insurance brothure
  provided to the league president, or contact Little League Headquarters within the year of injury.
- 6. Accident Claim Form must be fully completed including Social Security Number (SSN) for processing.

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Address of Claimant		Addi	ess of Parent/Gu	ersten, if differe	et :	
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## Accident Notification Form Page 2 (League Use Only)

#### For Residents of Catifornia:

Any person who knowingly presents a false or freudulent claim for the payment of a loss is guilty of a crime and may be subject to fines and confinement in state prison.

#### For Residents of New York:

Any person who knowingly and with the intent to defined any meanance company or other person files an application for insurance or statement of clean containing any materially false information, or conceasis for the purpose of missisting, information concerning any fact material theretic, commits a fraudulent insurance act, which is a crime, and shall also be subject to a civil penalty not to exceed five thousand dollars and the stated value of the cleam for each such value.

#### For Residents of Pennsylvania:

Any person who knowingly and with intent to defined any trausance company or other person fles an application for insurance or statement of claim containing any materially tales information or conceals for the purpose of misleading, information concerning any fact material thereto commits a fraudulant insurance act, which is a crime and subjects such person to criminal and civil penalties.

#### For Residents of All Other States:

Any person who knowingly presents a false or fraudulent claim for payment of a loss or benefit or knowingly presents false information in an application for insurance is guilty of a crime and may be subject to fines and confinement in prison.

Name of League		IUE STATEMENT (Other than Parent Name of Injuried Person/Claiment	League I.D. Number
Name of League Official			Position in League
Address of League Official			Telephone Numbers (Inc. Area Codes) Residence: Business: Fax.
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Theck the boxes for all appropris	ate items below. At	least one flam in each column must be	The state of the s
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			s Notification is true and correct as stated, to the